



Bonaqua Mountain Hardwear
Action Sprint Sai Kung Apr 21, 2013

MEN'S - Top 5

Rank	Race #	Name	Category / Team Name	Time
1st	469	Romain Riche	M 20-29 / Hong Kong Trail Runners	1:21:33
2nd	751	Mark Western	M 45-49 /	1:22:58
3rd	567	Nigel Thomson	M 30-34 / Nigel Thomson	1:23:42
4th	529	Chiu Yin Leung	M 30-34 / Team Patagonia	1:26:02
5th	683	Seth Fischer	M 40-44 / Seth Fischer	1:26:05

WOMEN'S - Top 5

Rank	Race #	Name	Category / Team Name	Time
1st	833	Claire Chapman	W 30-39 / Claire Chapman 2XU Ambassador	1:39:24
2nd	849	Jinhwa Kim	W 30-39 / Jinhwa Kim	1:45:19
3rd	854	Gras Marie	W 30-39 /	1:53:27
4th	890	Marichu Opsima	W 40-49 /	1:54:29
5th	844	Aylish Franklin	W 30-39 /	1:56:49



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M 14-19 - Top 3

Rank	Race #	Name	Category / Team Name	Time
1st	404	Sebastian Engelhart	M 14-19 / YEA's	1:37:25
2nd	401	Tin Long Sunny Chiang	M 14-19 / Peak Chasers	1:44:33
3rd	403	Oliver Engelhart	M 14-19 / YEA's	1:44:36

M 20-29 - Top 3

Rank	Race #	Name	Category / Team Name	Time
1st	469	Romain Riche	M 20-29 / Hong Kong Trail Runners	1:21:33
2nd	424	Wai Hung Cheung	M 20-29 /	1:27:17
3rd	423	Ka Sing Cheng	M 20-29 / Fat man	1:29:26

M 30-34 - Top 3

Rank	Race #	Name	Category / Team Name	Time
1st	567	Nigel Thomson	M 30-34 / Nigel Thomson	1:23:42
2nd	529	Chiu Yin Leung	M 30-34 / Team Patagonia	1:26:02
3rd	513	Jens Erik Floor	M 30-34 / Spartan Monkey Boy	1:29:17



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M 35-39 - Top 3

Rank	Race #	Name	Category / Team Name	Time
1st	632	Chun Yin Lee	M 35-39 /	1:33:23
2nd	647	Thibault Paquin	M 35-39 / Thibault Paquin	1:33:49
3rd	658	Chi Kong Tsang	M 35-39 / howard tsang chi kong	1:35:13

M 40-44 - Top 3

Rank	Race #	Name	Category / Team Name	Time
1st	683	Seth Fischer	M 40-44 / Seth Fischer	1:26:05
2nd	677	Paul Dingley	M 40-44 / 2XU Enduro	1:29:39
3rd	718	Warren Warner	M 40-44 / 2XU Enduro	1:32:13

M 45-49 - Top 3

Rank	Race #	Name	Category / Team Name	Time
1st	751	Mark Western	M 45-49 /	1:22:58
2nd	746	Willy Roberts	M 45-49 / Willy	1:36:03
3rd	738	Ching Po Kwok	M 45-49 /	1:38:54



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M 50-59 - Top 3

Rank	Race #	Name	Category / Team Name	Time
1st	760	Fu Loi Choi	M 50-59 / Choi Fu Loi	1:31:08
2nd	780	Anthony Somerset	M 50-59 / Somerset	1:33:59
3rd	759	Keung Chiu	M 50-59 / chiu keung	1:44:29

M 60+ - Top 3

Rank	Race #	Name	Category / Team Name	Time
1st	790	Frank Pilkington	M 60+ / FRANK PILKINGTON	2:11:26
2nd	788	WooSo Kwan	M 60+ / WooSo	2:30:47
3rd	N/A			



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W 14-19 - Top 3

Rank	Race #	Name	Category / Team Name	Time
1st	793	Barbora Hanzalova	W 14-19 /	2:17:50
2nd	792	Brea Marie R. Dionisio	W 14-19 / Brea Marie R. Dionisio	4:18:42
3rd	N/A			

W 20-29 - Top 3

Rank	Race #	Name	Category / Team Name	Time
1st	813	Kate McAlister	W 20-29 /	1:56:59
2nd	795	Clare Bennett	W 20-29 / Clare Bennett	2:04:27
3rd	821	Liis Uiga	W 20-29 / Liis	2:07:10

W 30-39 - Top 3

Rank	Race #	Name	Category / Team Name	Time
1st	833	Claire Chapman	W 30-39 / Claire Chapman 2XU Ambassador	1:39:24
2nd	849	Jinhwa Kim	W 30-39 / Jinhwa Kim	1:45:19
3rd	854	Gras Marie	W 30-39 /	1:53:27



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W 40-49 - Top 3

Rank	Race #	Name	Category / Team Name	Time
1st	890	Marichu Opsima	W 40-49 /	1:54:29
2nd	887	Lai Han Dennex Lui	W 40-49 /	1:59:31
3rd	902	Grace Cooke	W 40-49 /	2:02:30

W 50+ - Top 3

Rank	Race #	Name	Category / Team Name	Time
1st	896	Barbara Lewis	W 50+ / Barbara lewis	2:44:50
2nd	895	Siu Yin Choi	W 50+ /	2:45:28
3rd	899	Emily Yau	W 50+ /	3:05:25