



**2016 C3fit Action Asia Challenge, Hong Kong (MAY 8)**

**Overall Full Adventure - Top 3 Teams**

Rank	Race #	Team/ Charity/ Sponsor	Name	Age Category	Time
1st	9	The North Face	Ryan Blair (United States) & Jantaraboon Kiangchaipaiphana (Thailand)	Warrior Men	4:01:24
2nd	12	Chiru - Bvsport	Pierre Arnaud Le Magnan (France) & Kurt Lynn (New Zealand)	Warrior Men	4:13:45
3rd	17	Old dogs new tricks	Cosmo Richards (Australia) & Jeremy Ritcey (Canada)	Warrior Men	4:16:19

**Full Adventure - Open Men Top 3 Teams (Combined 36+)**

Rank	Race #	Team/ Charity/ Sponsor	Name	Age Category	Time
1st	10	Uglow Asia	Adrien Choux (France) & Jerome Laboulais (France)	Open Men	4:43:15
2nd	1	Arthur & Chris	Arthur Perez (France) & Christophe Letelier (France)	Open Men	4:58:23
3rd	2	D Squared	Paul Aubert (South Africa) & Chris Simmons (South Africa)	Open Men	5:32:05



**2016 C3fit Action Asia Challenge, Hong Kong (MAY 8)**

**Full Adventure - Warrior Men Top 3 Teams (Combined 70+)**

Rank	Race #	Team/ Charity/ Sponsor	Name	Age Category	Time
1st	9	The North Face	Ryan Blair (United States) & Jantaraboon Kiangchaipaiphana (Thailand)	Warrior Men	4:01:24
2nd	12	Chiru - Bvsport	Pierre Arnaud Le Magnan (France) & Kurt Lynn (New Zealand)	Warrior Men	4:13:45
3rd	17	Old dogs new tricks	Cosmo Richards (Australia) & Jeremy Ritcey (Canada)	Warrior Men	4:16:19

**Full Adventure - Mixed Team Top 3 Teams**

Rank	Race #	Team/ Charity/ Sponsor	Name	Age Category	Time
1st	27	Team black blood bandits	Stephanie Che (Australia) & Richards Phillip (United Kingdom)	Mixed	6:01:15
2nd	25	PlayGround X Dream Chasing	Pui Yan Chow (Hong Kong) & Carl Fey (Hong Kong)	Mixed	6:25:33
3rd	28	蕃茄家庭	Chi Hang Au Yeung (Hong Kong) Lok Yan Lam (Hong Kong)	Mixed	6:57:37



**2016 C3fit Action Asia Challenge, Hong Kong (MAY 8)**

**Full Adventure - Women Team Top 3**

Rank	Race #	Team/ Charity/ Sponsor	Name	Age Category	Time
1st	29	SOCCER GIRL	Kong Lam (China) Ka Man Wong (China)	Women	6:42:35

**KAYAK & RUN**

**Kayak & Run – Open Men Top 3 Teams (Combined 36+)**

Rank	Race #	Team/ Charity/ Sponsor	Name	Age Category	Time
1st	117	The Law & Wattsy	Andrew Lawson (South Africa) Andrew Watts (United Kingdom)	Open Men	1:15:56
2nd	104	Henry Van Der Eecken & Felix	Henry Van Der Eecken (France) Felix Cauro (Belgium)	Open Men	1:18:56
3rd	118	TRA	Levente Koczka (Hungary) Lawrence Wong (United Kingdom)	Open Men	1:19:17



**2016 C3fit Action Asia Challenge, Hong Kong (MAY 8)**

**Kayak & Run – Master Men Top 3 Teams (Combined 80+)**

Rank	Race #	Team/ Charity/ Sponsor	Name	Age Category	Time
1st	127	Kris Larsson & Kong Shek	Kris Larsson (Hong Kong) Kong Shek (Hong Kong)	Master Man	1:28:01
2nd	126	Hoi Tat Leung & Wing Hing	Hoi Tat Leung (Hong Kong) Wing Hing Tsang (Hong Kong)	Master Man	1:33:40
3rd	125	Cross Fingers	Lim Cho Har (Hong Kong) Tin Kit Wong (Hong Kong)	Master Man	1:41:25

**Kayak & Run – Mixed Team Top 3**

Rank	Race #	Team/ Charity/ Sponsor	Name	Age Category	Time
1st	141	Natalie Kwan&Jeremy Burton	Jeremy Burton (United Kingdom) Natalie Kwan (Hong Kong)	Mixed	1:24:20
2nd	139	Milk Coffee	Sze Ho Lee (Hong Kong) Milk Lai Ting Li (Hong Kong)	Mixed	1:26:10
3rd	131	Antibiotics	Sze Ying Jennifer Cheung (Hong Kong) Chi Fai Cheung (Hong Kong)	Mixed	1:28:39



**2016 C3fit Action Asia Challenge, Hong Kong (MAY 8)**

**Kayak & Run – Women Team Top 3**

Rank	Race #	Team/ Charity/ Sponsor	Name	Age Category	Time
1st	161	Animal Lovers	Wing Lam Wong (Hong Kong) Rhoda Cheung (Hong Kong)	Women	1:38:57
2nd	155	Happy reunion	Yue Yan Chan (Hong Kong) Pui Ling Lau (Hong Kong)	Women	1:41:13
3rd	160	Wing Yan Li & Yin Yau Lai	Yin Yan Lai (Hong Kong) Wing Ya Li (Hong Kong)	Women	1:52:36

**TRAIL RUN**

**Trail Run – Open Men Top 3**

Rank	Race #	Team/ Charity/ Sponsor	First Name	Last Name	Nationality	Time
1st	264	Asia Trail	Wai Hei	Ng	Hong Kong	1:40:25
2nd	231	-	Pak To	Lai	Australia	1:44:35
3rd	346	-	Martin	Boudailliez	France	1:47:34



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**Trail Run – Master Men Top 3**

Rank	Race #	Team/ Charity/ Sponsor	First Name	Last Name	Nationality	Time
1st	292	-	William	Ng	Hong Kong	1:50:40
2nd	282	-	Ping Ngai	Hung	China	1:55:02
3rd	299	Swedish Hike Mafia	Enrique	Patrickson	Sweden	1:55:15

**Trail Run – Senior Men Top 3**

Rank	Race #	Team/ Charity/ Sponsor	First Name	Last Name	Nationality	Time
1st	316		King Fu	Chnag	Hong Kong	2:02:53
2nd	321		Sheung Fun	Lee	Hong Kong	2:09:16
3rd	327		Reto	Raimann	Switzerland	2:10:02

**Trail Run – Open Women Top 3**

Rank	Race #	Team/ Charity/ Sponsor	First Name	Last Name	Nationality	Time
1st	408		Meghan	Carmey		1:57:00
2nd	354		Sharon	Koelewn	Australia	2:18:08
3rd	405		Cherry	De Crespigny	Australia	2:18:36



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**Trail Run – Master Women Top 3**

<b>Rank</b>	<b>Race #</b>	<b>Team/ Charity/ Sponsor</b>	<b>First Name</b>	<b>Last Name</b>	<b>Nationality</b>	<b>Time</b>
1st	409		Chiaki	Fjelddahl		1:55:15
2nd	379		Rachel	Andrews	United Kingdom	1:57:23
3rd	389		Lotta	Patrickson	Sweden	2:02:20

**Trail Run – Senior Women Top 3**

<b>Rank</b>	<b>Race #</b>	<b>Team/ Charity/ Sponsor</b>	<b>First Name</b>	<b>Last Name</b>	<b>Nationality</b>	<b>Time</b>
1st	396		Joanne	Brown	Canada	2:09:59
2nd	395		Catherine	Basford	United Kingdom	2:34:25
3rd	398		Dariene	Goode	United States	2:40:17