



## Goodman Healthy Hike & Run March 10, 2024

### 19km Individual - Overall Top 5

#### Top 5 Men

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
1	1	256	Leung 梁	Son Keng 順敬	Hong Kong SAR	--	1:37:10
2	2	261	Boisseuil	Pierre	France	Team Babs	1:37:37
3	3	238	Cho 曹	Yu Hin Jeffrey 宇軒	Hong Kong SAR	The Peak Hunter	1:41:55
4	4	237	Quesnot	Jean Joseph	Hong Kong SAR	--	1:48:44
5	1	147	Kelly	Mark Arthur	Hong Kong SAR	--	1:49:18

#### Top 5 Women

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
1	1	260	Hedou	Sophie	France	Team Babs	1:49:50
2	2	251	Coady	Olivia	New Zealand	--	1:59:31
3	3	257	Chan	Joan	China	--	2:03:00
4	4	136	Gauthier	Alison	Indonesia	Bali Trail Running	2:13:32
5	5	184	Yeow 姚	Sophie Shu-Ling 舒齡	Hong Kong SAR	--	2:14:30

### 19km Individual Age Categories Top 3

#### Men Age 16-39

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
1	1	256	Leung	Son Keng	Hong Kong SAR	--	1:37:10
2	2	261	Boisseuil	Pierre	France	Team Babs	1:37:37
3	3	238	Cho	Yu Hin Jeffrey	Hong Kong SAR	The Peak Hunter	1:41:55

#### Men Age 40-49

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
5	1	147	Kelly	Mark Arthur	Hong Kong SAR	--	1:49:18
7	2	259	Mollica	Giuseppe	Italy	--	1:49:54
8	3	208	Lin 連	Cheuk Fung 卓峰	Hong Kong SAR	Fung	1:54:03

#### Men Age 50+

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
10	1	211	Souleyman	Jan	Hong Kong SAR	Buffco	1:55:01
35	2	254	Albada	Bauke	Netherlands	--	2:12:06
46	3	207	Law	Andy	Hong Kong SAR	--	2:21:24

#### Women Age 16-39

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
6	1	260	Hedou	Sophie	France	Team Babs	1:49:50
17	2	251	Coady	Olivia	New Zealand	--	1:59:31
24	3	257	Chan	Joan	China	--	2:03:00

#### Women Age 40-49

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
41	1	242	Cabania	Ma Aurora	Philippines	--	2:19:17
42	2	193	Cheung	Ping	Hong Kong SAR	--	2:19:38
74	3	228	Lau	Karen	Hong Kong SAR	CBRE	2:43:15

#### Women Age 50+

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
57	1	139	Clerc	Catherine	Hong Kong SAR	--	2:30:13
60	2	220	Pollock	Jennifer	Hong Kong SAR	--	2:31:25
76	3	120	Padasas	Lea	Philippines	--	2:44:27



## Goodman Healthy Hike & Run March 10, 2024

### 13km Individual - Overall Top 5

Top 5 Men							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
1	1	432	Davis	Chris	Hong Kong SAR	--	01:03:56
2	2	388	Connolly	Creighton	Hong Kong SAR	Gone Runners	01:10:02
3	3	478	Ford	Bolton	United States	--	01:12:35
4	4	466	Deloy	Patrick	Hong Kong SAR	--	01:12:48
5	5	456	Kinloch	Christopher	Hong Kong SAR	Repulse Rebels	01:13:22

Top 5 Women							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
13	1	344	Chan 陳	Olivia 美鳳	Hong Kong SAR	--	01:23:09
19	2	487	Chan 陳	Ka Wai 嘉慧	Hong Kong SAR	Oxyone	01:29:18
35	3	408	Ho 何	Yu Chai 汝齊	Hong Kong SAR	--	01:40:16
37	4	426	Norachan	Jariyaporn	Thailand	Solar Cell Runner	01:40:50
38	5	453	Chau 周	Nh 毅	Hong Kong SAR	--	01:41:55

### 13km Individual Age Categories Top 3

Men Age 14-39							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
2	1	388	Connolly	Creighton	Hong Kong SAR	Gone Runners	01:10:02
3	2	478	Ford	Bolton	United States	--	01:12:35
5	3	456	Kinloch	Christopher	Hong Kong SAR	Repulse Rebels	01:13:22

Men Age 40-49							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
1	1	432	Davis	Chris	Hong Kong SAR	--	01:03:56
4	2	466	Deloy	Patrick	Hong Kong SAR	--	01:12:48
9	3	494	Chen	Xun	Hong Kong SAR	--	01:18:47

Men Age 50+							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
11	1	400	Lipton	Todd	United States	--	01:19:54
17	2	481	Russell	David	United Kingdom	--	01:26:28
21	3	302	Olsen	Steen Guldberg	Hong Kong SAR	--	01:33:39

Women Age 14-39							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
35	1	408	Ho	Yu Chai	Hong Kong SAR	--	01:40:16
37	2	426	Norachan	Jariyaporn	Thailand	Solar Cell Runner	01:40:50
39	3	450	Shum	Cynthia	Hong Kong SAR	--	01:41:56

Women Age 40-49							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
13	1	344	Chan	Olivia	Hong Kong SAR	--	01:23:09
38	2	453	Chau	Nh	Hong Kong SAR	--	01:41:55
46	3	345	Bamouin	Aurelie	Hong Kong SAR	--	01:44:12

Women Age 50+							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
19	1	487	Chan	Ka Wai	Hong Kong SAR	Oxyone	01:29:18
55	2	306	Carag	Ma Emily	Hong Kong SAR	--	01:50:10
98	3	322	Sung	Jaesoon	Hong Kong SAR	--	02:04:30



## Goodman Healthy Hike & Run March 10, 2024

### 5km Open - Overall Top 5

#### Top 5 Men

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
1	1	879	Tsang 曾	Silas, Pui Yeung 貝洋	Hong Kong SAR	--	29:00:00
2	2	887	Chan 陳	Pak Yin 泊言	Hong Kong SAR	TSWMC	29:02:02
3	3	1045	Leclercq	Louis	France	CYU	30:10:10
4	4	1046	Leclercq	Cyril	France	CYU	30:12:12
5	5	896	Leung 梁	Lai Him 禮謙	Hong Kong SAR	TSWMC	31:01:01

#### Top 5 Women

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
9	1	805	Chan	Cwensuela Danielle Cheuk Lam	Australia	Chan Clan	33:48:48
11	2	807	Chan	Charlotte Dakota Yi Lam	Australia	Chan Clan	34:28:28
14	3	1025	Champion	Jessie	France	the champs	35:52:52
24	4	812	Macapundag	Nurmie	Philippines	--	37:45:45
27	5	824	Li	Sheena	Hong Kong SAR	--	38:16:16