



2024 - Action SPRINT Trail Series DBay, Lantau, Hong Kong May 19, 2024 (Sunday)

12km Individual - Overall Top 5 Men

Top 5 Men							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
1	1	145	Carey	Matthew	UK	--	01:12:51
2	1	396	Limbu	Yamanath	Nepal	--	01:15:18
3	2	349	Yeung 楊	Tommy 耀民	British	--	01:18:23
4	1	103	Cove	John	UK	--	01:18:36
5	3	265	Chan 陳	Chi Keung 自強	HKSAR	--	01:19:36

12km Individual Age Categories Top 3 Men

Men Age 16-29							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
4	1	103	Cove	John	UK	--	01:18:36
11	2	192	Ramsbacher	Philipp	HKSAR	--	01:24:34
12	3	315	Hoi Hung	Ho	HKSAR	--	01:25:42

Men Age 30-39							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
1	1	145	Carey	Matthew	UK	--	01:12:51
3	2	349	Yeung	Tommy	British	--	01:18:23
5	3	265	Chan	Chi Keung	HKSAR	--	01:19:36

Men Age 40-49							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
2	1	396	Limbu	Yamanath	Nepal	--	01:15:18
16	2	214	Monin	Vincent	HKSAR	--	01:27:48
17	3	318	Keung	Tsz Hing	HKSAR	--	01:28:18

Men Age 50-59							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
49	1	347	Eiichi	Uchida	JPN	--	01:41:25
54	2	213	Makela	Arto	HKSAR	--	01:42:58
59	3	162	Duong	Dong	HKSAR	--	01:44:45

Men Age 60+							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
55	1	398	Le Jannou	Loic	France	--	01:43:23
91	2	297	Chan	W K	HKSAR	--	01:53:24
98	3	403	Snelgar	Robin Anthony	Canada	--	01:54:52



動感亞洲
越野跑步比賽
Action SPRINT Trail Series 2024
Discovery Bay 愉景灣站



2024 - Action SPRINT Trail Series DBay, Lantau, Hong Kong May 19, 2024 (Sunday)

12km Individual - Overall Top 5 Women

Top 5 Women

Rankings								Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor		Race Time
24	1	230	Wong 黃	Mei Yan 美欣	HKSAR	--		01:30:56
25	1	340	Zhu 朱	Xiaoqian 笑倩	CHN	--		01:30:57
27	2	273	Dong 董	Chaoling 朝玲	CHN	--		01:31:00
40	3	322	Tsang 曾	Yung Hin 融軒 Genevieve	HKSAR	--		01:36:48
42	2	146	Montanari	Ellen	HKSAR	--		01:37:34

12km Individual Age Categories Top 3 Women

Women Age 16-29

Rankings								Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor		Race Time
56	1	175	Lee	Grace	HKSAR	--		01:43:47
138	2	206	Marrie	Sophie	HKSAR	--		02:06:48
157	3	128	Liem	Mielin Grace Bullos	HKSAR	--		02:13:45

Women Age 30-39

Rankings								Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor		Race Time
24	1	230	Wong	Mei Yan	HKSAR	--		01:30:56
27	2	273	Dong	Chaoling	CHN	--		01:31:00
40	3	322	Tsang	Yung Hin Genevieve	HKSAR	--		01:36:48

Women Age 40-49

Rankings								Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor		Race Time
25	1	340	Zhu	Xiaoqian	CHN	--		01:30:57
42	2	146	Montanari	Ellen	HKSAR	--		01:37:34
80	3	312	Nakano	Julia	Germany	--		01:50:56

Women Age 50-59

Rankings								Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor		Race Time
167	1	378	Telo Mexia	Ana	Portuguese	--		02:17:31
180	2	392	Padasas	Lea	HKSAR	--		02:24:01
194	3	393	Yeung	Pauline	HKSAR	--		02:30:20

Women Age 60+

Rankings								Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor		Race Time
200	1	351	Cheng	Yuk Chun	CHN	--		02:32:21
223	2	302	Long	Marcy	US	--		02:48:17
--	3	--	--	--	--	--		--