



動感亞洲
Action SPRINT 越野跑步比賽
Trail Series

Repulse Bay
淺水灣站



Action SPRINT Trail Series, DBay, Lantau, Hong Kong
(14km Solo Men & Women Overall Top 5)
May 14, 2023

Overall Top 5 Men

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
1	1	244	Labin	Gurung	Men 30-39	Nepal	Run Nepal HK	01:19:23
2	2	247	Chun Chi 浚鎰	Lo 羅	Men 30-39	HKG	RMAC	01:19:56
3	1	99	Yu Hin Jeffrey 宇軒	Cho 曹	Men 16-29	HKG	The Peak Hunter	01:20:02
4	3	243	Wai Hung 偉雄	Mok 莫	Men 30-39	HKG	-	01:20:52
5	4	248	Rai	Bimalkaji	Men 30-39	Nepal	Run Nepal HK	01:21:17

Overall Top 5 Women

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
28	1	2	Mei Yan 美欣	Wong 黃	Women 16-29	HKG	-	01:35:07
43	1	76	Nia	Cooper	Women 40-49	UK	-	01:40:14
54	2	227	Meg	Sterling	Women 40-49	Australia	-	01:45:39
57	1	365	Chiaki	Fjeldahl	Women 50-59	Japan	-	01:46:35
60	2	195	Fiona 海慧	Shek 石	Women 50-59	HKG	-	01:47:01



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**Action SPRINT Trail Series, DBay, Lantau, Hong Kong
(14km Solo Men & Women Age Category Winners Top3)
May 14, 2023**

TOP 3 Men 16-29

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
3	1	99	Yu Hin Jeffrey	Cho	Men 16-29	HKG	The Peak Hunter	01:20:02
18	2	27	Philipp	Ramsbacher	Men 16-29	Germany	-	01:29:35
23	3	276	Siu Lun	Mak	Men 16-29	HKG	-	01:33:30

TOP 3 Men 30-39

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
1	1	244	Labin	Gurung	Men 30-39	Nepal	Run Nepal HK	01:19:23
2	2	247	Chun Chi	Lo	Men 30-39	HKG	RMAC	01:19:56
4	3	243	Wai Hung	Mok	Men 30-39	HKG	-	01:20:52

TOP 3 Men 40-49

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
7	1	306	Benjamin	Gebert	Men 40-49	Germany	-	01:24:39
11	2	230	Will	Dalling	Men 40-49	South Africa	-	01:26:47
12	3	84	Adrien	Semlat	Men 40-49	France	-	01:27:01

TOP 3 Men 50-59

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
10	1	267	Jeremy	Sutch	Men 50-59	Ireland	-	01:25:31
27	2	3	S Kit	Cheng	Men 50-59	HKG	The Overlander X Salomon	01:34:44
29	3	60	Geoff	Heney	Men 50-59	Canada	-	01:35:30

TOP 3 Men 60+

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
35	1	37	Eric	To	Men 60+	HKG	-	01:37:45
101	2	335	Wai Kee	Yu	Men 60+	HKG	-	01:58:02
117	3	330	Wai Tung	Ng	Men 60+	HKG	-	02:02:35



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**Action SPRINT Trail Series, DBay, Lantau, Hong Kong
(14km Solo Men & Women Age Category Winners Top3)
May 14, 2023**

TOP 3 Women 16-29

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
28	1	2	Mei Yan	Wong	Women 16-29	HKG	-	01:35:07
74	2	139	Chu Kee Wah Jennifer	Chu	Women 16-29	HKG	-	01:50:27
124	3	307	Yiqing	Wang	Women 16-29	CHN	-	02:04:45

TOP 3 Women 30-39

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
87	1	369	Lai Shan	Yuen	Women 30-39	HKG	-	01:54:45
92	2	324	Caryssa	Yan	Women 30-39	New Zealand	-	01:55:52
95	3	206	Natalie	Kwan	Women 30-39	HKG	-	01:56:26

TOP 3 Women 40-49

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
43	1	76	Nia	Cooper	Women 40-49	UK	-	01:40:14
54	2	227	Meg	Sterling	Women 40-49	Australia	-	01:45:39
70	3	327	Yuen Kwan	Ling	Women 40-49	HKG	-	01:49:49

TOP 3 Women 50-59

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
57	1	365	Chiaki	Fjeldahl	Women 50-59	Japan	-	01:46:35
60	2	195	Fiona	Shek	Women 50-59	HKG	-	01:47:01
143	3	176	Siat Tjhui	Djie	Women 50-59	HKG	-	02:10:25